| Sun. March 1 | OPEN SWIM | 1:00 pm- | 3:00 pm |
|----------------|---|-----------|----------|
| | Med City Swim Club | 3:00 pm- | 6:00 pm |
| | OPEN SWIM | 6:30 pm- | 8:30 pm |
| | | | |
| Mon. March 2 | Rochester Swim Club Orcas (Monday through Thursday) | 5:30 am- | 7:00 am |
| | Water Aerobics (Monday through Thursday) | 7:00 am- | 8:00 am |
| | PARENT/TOT and ADULT SWIM | 10:30 am- | 11:30 am |
| | ADULT LAP SWIM | 11:30 am- | 1:15 pm |
| | Rochester Swim Club Orca's (Monday through Thursday) | 3:30 pm- | 7:00 pm |
| | Med City Swim Club (Monday through Thursday) | 7:00 pm- | 9:00 pm |
| | OPEN SWIM | 7:00 pm- | 9:00 pm |
| | | | |
| Tues. March 3 | Central Intermediate School Rec Day | 9:30 am- | 11:30 am |
| | ADULT LAP SWIM | 11:30 am- | 1:15 pm |
| | Water Safety Instructor Course | 6:30 pm- | 9:30 pm |
| | | | |
| Wed. March 4 | PARENT/TOT and ADULT SWIM | 10:30 am- | 11:30 am |
| | ADULT LAP SWIM | 11:30 am- | 1:15 pm |
| | Home School | 2:00 pm- | 3:00 pm |
| | OPEN SWIM | 7:00 pm- | 9:00 pm |
| | | | |
| Thurs. March 5 | ADULT LAP SWIM | 11:30 am- | 1:15 pm |
| | Adaptive Recreation | 6:00 pm- | 7:00 pm |
| | Special Olympics | 7:00 pm- | 8:00 pm |
| | | | |
| Fri. March 6 | MRC Swim Meet-hosted by the Rochester Swim Club Orcas | 7:00 am- | 9:00 pm |
| Sat. March 7 | MRC Swim Meet-hosted by the Rochester Swim Club Orcas | 7:00 am- | 9:00 pm |
| Sun. March 8 | MRC Swim Meet-hosted by the Rochester Swim Club Orcas | 7:00 am- | 9:00 pm |